



Discuss

- × How does it make you feel when you read that God asks you to trust him, even in the hardest and darkest of times? Why do you feel that way?
- × What are some situations, some hard and difficult times when you have had no other choice but to trust God?
- × How did God respond to your trust in Him?

Pray

- × Thank God for His faithfulness in meeting your need during those times.
- × For a current situation that would trouble you, tell God that you are trusting Him.
- × Pray for people you know who are dealing with difficult situations. Pray that God would show His power and that their hearts will not be troubled.