




Fighting Personal Battles

Family Discussion

A black silhouette of a warrior in profile, facing right. He is wearing a helmet and holding a spear in his right hand and a shield in his left. The background is a low-poly, geometric pattern in shades of teal and green.

The Amalekites came and attacked the Israelites at Rephidim. Moses said to Joshua, "Choose some of our men and go out to fight the Amalekites

Exodus 17:8-9a (NIV)

Discuss



- Moses and the Children of Israel were attacked by the Amalekites, a group of nomadic raiders. Joshua was told to get an army ready. What would they have to do to get ready?
- What kinds of struggles do we have? What are some “battles” you might have had?
- Read about Spiritual armor and weapons in Ephesians 6:13-18. Talk about how these things are powerful equipment in our spiritual battles.

Pray

- Thank God for His powerful presence when you face battles of temptations or worry.
- Tell God you are putting on the Spiritual Armor He provides. Ask Him to protect your thinking and your emotions.
- Pray for people you know who are struggling with health, financial, or other personal battles. Pray that God will give them victory.

