

Turning to God in Crisis

Family Discussion



1

In the very prime of life I have to leave. Whatever time I have left is spent in death's waiting room. No more glimpses of God in the land of the living, No more meetings with my neighbors, no more rubbing shoulders with friends. This body I inhabit is taken down and packed away like a camper's tent. Like a weaver, I've rolled up the carpet of my life as God cuts me free of the loom and at day's end sweeps up the scraps and pieces. I cry for help until morning. Like a lion, God pummels and pounds me, relentlessly finishing me off. I squawk like a doomed hen, moan like a dove. My eyes ache from looking up for help: "Master, I'm in trouble! Get me out of this!"

Isaiah 38:10-14 (MSG)



2

Discuss

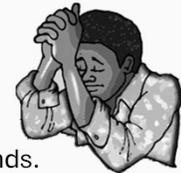
- What thoughts of despair do you see in Hezekiah's prayer?
- How do these reflect the way we often feel in moments of deep distress?
- If you have ever faced a situation where you felt like Hezekiah, at the end of your rope, how did you respond?
- Why do you think Hezekiah chose to write this reflection after his recovery?
- What does this tell us about the importance of processing our pain through prayer?



3

Pray

- Thank the Lord that you can come to Him, no matter how you feel and know that He understands.
- Ask God to help you right now, to deal with the problem (big or little) that you are facing.
- Pray for one another. Pray that God will give strength, courage, and wisdom for each day's challenges.
- Pray for friends and family that you know are struggling and feeling despair. Ask God to meet their need and that they will know He is with them.



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