

I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to sin, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

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Discuss

- Why are people willing to harbor lust in their hearts?
- Why are private, secret sins of the heart so dangerous to relationships?
- What does it mean to gouge out a habit for lust or to cut off a sinful practice?

3

Discuss

- Pray the Lord will keep you faithful to Him and faithful to your family.
- ▷ For young people in your family, pray for their future spouses.
- Pray for families you know who are struggling with their relationships.

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