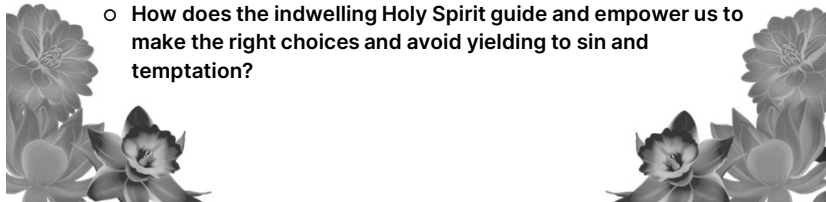


## Discuss

- According to Paul's teaching, *what is wrong* with thinking, "To be 'true' to myself, I only need to listen to and follow my own inclinations, my own thoughts and feelings."
- Why are we not able to put our sinful desires to death in our own strength?
- How does the indwelling Holy Spirit guide and empower us to make the right choices and avoid yielding to sin and temptation?



## Prayer

- Thank the Lord for His presence within your life to live to glorify Him.
- Ask Jesus to reveal to you an attitude or behavior that needs to be put to death in your life.
- Tell the Lord you are trusting Him to strengthen you regarding this area in your life.
- Ask Him for guidance for the steps to take.

