



1

While David was at Horesh in the Desert of Ziph, he learned that Saul had come out to take his life. 16 And Saul's son Jonathan went to David at Horesh and helped him find strength in God. 17 "Don't be afraid," he said. "My father Saul will not lay a hand on you. You will be king over Israel,



1 Samuel 23:15-17a (NIV)

2

Discuss

- Who was someone who encouraged you when you were afraid or discouraged?
- How did Jonathan encourage David when he was afraid for his life?
- Who is someone you know who might need encouragement? What could you do or say to encourage them?

3

Pray

- Thank God for the encouragement of His Word, His promises, and answers to prayer when you were discouraged.
- Pray for one another in your family, for their situations right now. Pray that they will be assured of God's presence and help.
- Ask God to show you people around you that might need encouragement. Pray that you will have words of encouragement to share with them.



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