

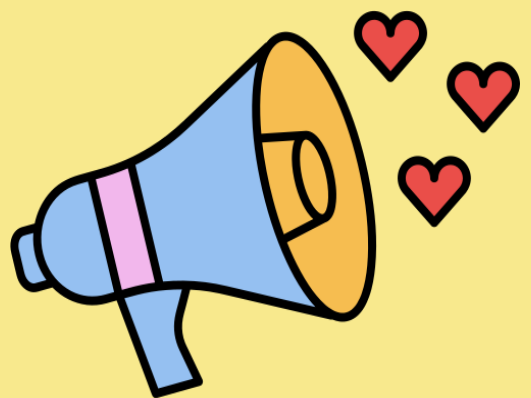
A purple, round character with a single eye and a smiling mouth is holding a yellow megaphone. Above the character, there are two strings of colorful bunting flags in purple, orange, white, and yellow. The character is positioned on the left side of the image, facing right.

How to Have JOY

A red speech bubble with a white smiley face inside, pointing towards the purple character.

Family Discussion

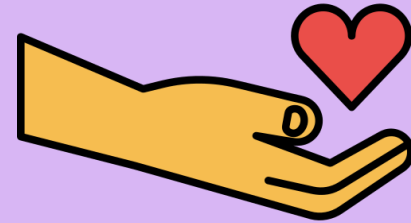
I thank my God every time I
remember you. In all my
prayers for all of you, I
always pray with joy



Philippians 1:3, 4 (NIV)



Discuss



- Paul expresses *joy*. How would you describe the difference between *happiness* and *joy*?
- You've probably heard the description of how to have **JOY** ... keep things in this order of priority; **J**esus, **O**thers, **Y**ourself Why or how do you think this works?
- Paul did not give thanks for things; he gave thanks for *people*. Why is that important?



Pray



- Thank God for people in your life who help and encourage you, people who bring joy.
- Ask God to help you keep the right priority in your life for true **J-O-Y**.
- Pray for people you know who do not seem to have joy in their lives. Pray that they will learn how knowing Jesus can give them joy.

