

Family Discussion

# Sowing and Reaping



A man reaps what he sows. The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life.

**Galatians 6:7b – 8 (NIV)**



# Discuss

- A man reaps what he sows. What kinds of things have you sown or planted in your garden? What did you enjoy the most?
- Paul talks about sowing to the flesh versus sowing to the Spirit. What do you think that means in a practical way? How can this principle shape your daily decisions and attitudes?
- In what areas of your life do you feel you have been sowing well? Where do you feel challenged to change?



# PRAY

- Thank God for the good things that have resulted from your “planting” or “sowing” positive spiritual efforts.
- Ask God to help you in areas where you feel challenged to change how you spend your time and activities.
- Pray for friends and family who are possibly “reaping” the ill effects of sowing “to please their sinful nature”

