## The Pitfall of Temptation





The Pitfall of Temptation

Family Discussion

1 Corinthians 10:13 (NLT2)
The temptations in your life are no different from what others experience.
And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

## **RESIST TEMPTATION**

- Look at the food items in the margins. Have someone
  in the family choose one and ask another member of
  the family how they would resist the temptation of that
  item if they were on a diet.
- Next, the person who just described how to resist temptation now will choose a different item and a different person to describe their method to resist and keep their diet.

## T oo much time E Use the acronym on the left to record situations and circumstances you experience that might easily lead to temptation. An example has been provided

## PRAYER

- Thank God for His forgiveness when we fall to temptations
- Thank the Lord for His promise to not allow the temptation to be too strong for you to overcome.
- Tell Him you are trusting He will show you a way out of future temptations so you can endure.
- Pray for each other that the temptations you experience will be overcome.







