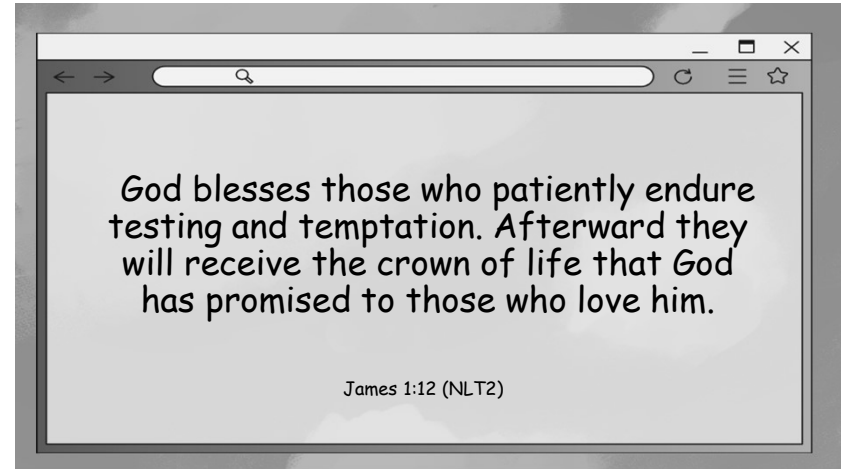


1



2

Discuss

- What are some trials people in your family have experienced? What about other people you know ... what trials have come to them?
- What might be an example of a temptation for someone who is going through one of these trials?
- James goes on to say such temptations do NOT come from God. They come from our own desires which entice us. What can we do to avoid being lured into doubting God's love and provision?



3

Pray

- Thank the Lord for His presence and provision during past or present trials.
- Ask God for the strength not to yield to the temptation to doubt, despair or be angry when you experience trials.
- Ask the Lord that you will grow closer to Him and learn to trust Him more each time you face a serious life struggle.
- Pray for people you know who are going through major trials and tribulations. Ask God to give them the assurance of His sufficiency.



4