

A decorative graphic featuring a large, light blue dashed circle that frames the central text. Various solid-colored circles in shades of teal, lime green, orange, and pink are scattered around the perimeter. Some circles are solid, while others are dashed outlines. A large teal ring is in the top left, a yellow ring is in the bottom right, and a large orange circle is on the right side.

# Walking in Grief

Family Discussion

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## Psalm 116:3-5 (NIV)

The cords of death entangled me, the anguish of the grave came upon me; I was overcome by trouble and sorrow. 4 Then I called on the name of the LORD: "O LORD, save me!" 5 The LORD is gracious and righteous; our God is full of compassion.



## Discuss

- ◎ Who do you know who suffered from Covid-19? Who among them has died from the virus?
- ◎ Who do you know who suffered financially due to shutdowns?
- ◎ How can you demonstrate compassion and kindness toward them?



# Pray

- ◎ For families who have experienced hardship and loss from sickness.
- ◎ For those who are out of work due to quarantine policies.
- ◎ For efforts to evangelize during isolation restrictions and minister to those in need.