

# Family Discussion

We Stand Together  
in Spiritual Battle

## Read and Contemplate ...

“

Ephesians 6:14-17 (NLT2) Stand your ground, putting on the belt of truth and the body armor of God's righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.

# Discuss

- Consider struggles in your life or the lives of people you know. To overcome these struggles, believers need God's protection.
- According to the verses we read, what kinds of protection does God provide in these situations?
- How these elements of spiritual armor and spiritual weapons protect us?
- How do we “put on” these pieces of “armor” and take up these “weapons” ?

# Pray

- Declare your faith in God's protection
- Tell God you are "putting on" His *righteousness*, His *salvation*, His *Gospel* ... you are taking up His *Word* ... you are putting your *Faith* in His *Truth*.
- Pray for those you know who are going through spiritual struggles, physical struggles, financial struggles.